

Sahrudaya
A kind, gentle,
touch ...





We care...God heals.

Profile

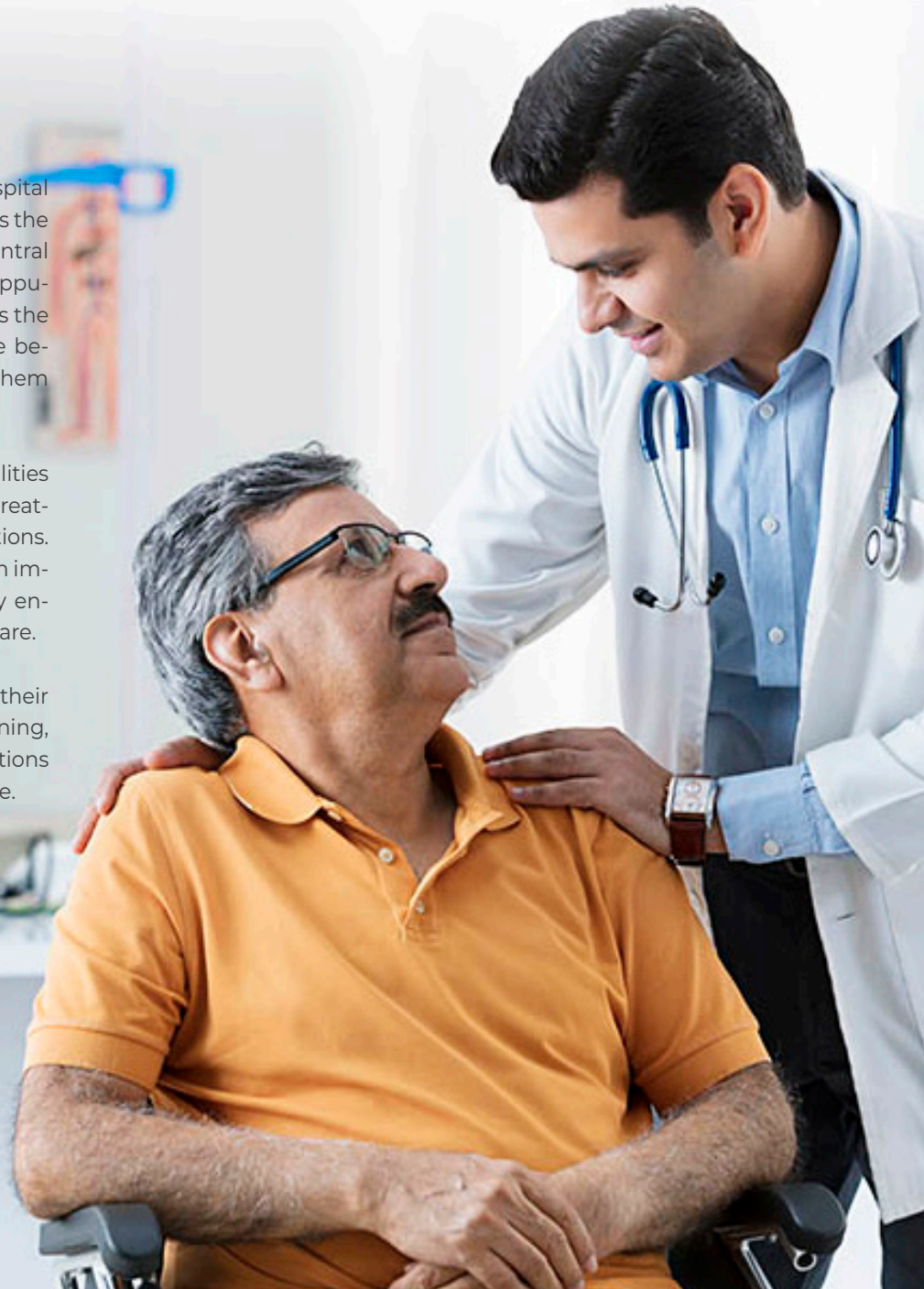
At Sahrudaya, the soft, gentle, hand of caring brings the combined strengths of state-of-the-art technology and manpower-led expertise in healthcare. It is this union of soul and substance in the crucial field of patient care that has won us the trust of tens of thousands of people over the past half a century and more. Over the years, the Sahrudaya reputation was built through the integrity and dedicated work of our highly qualified and experienced medical professionals and para-medical staff who have attended to the healthcare needs of the people of the Alappuzha region - reassuring them with healing and a better quality of life. People, who came with a ray of hope, and yet received much more in high-quality diagnostics and treatment even for chronic and complex illnesses and diseases of diverse kind.

History

We are a NABH accredited, Multi-Speciality Hospital with ISO Standard Certification and acclaimed as the 'Apex Centre for Minimal Invasive Surgery' in Central Travancore. We are located at Thathampally, Alappuzha, where the bulk of the population represents the ordinary, middle-class demographic profile. We believe that our purpose is to reach out to even them with international quality healthcare.

Sahrudaya Hospital offers state-of-the-art facilities across key specialties and provides modern treatment to all types of clinical and surgical conditions. Our team of doctors and Para medical staff attain immense professional fulfillment here, when they enhance patient care with their compassion and care.

The team is consistently kept up-to-date in their knowledge and skills through the in-service training, webinars and workshops on the latest innovations and research developments in modern medicine.



Humble Beginning

Sahrdaya Hospital was registered as a Social Welfare Society, under the Charitable Societies Act XII/1955 and was pioneered by Rev. Fr. Thomas Thumpayil, the Asst. Vicar of St. Michael's Church at Thathampally, Alappuzha in Kerala, India, on 25th July 1966. Started as a small health centre-cum-hospital 1967, the operations grew multi-fold and became the multi-speciality hospital complex that it is today under the supervision of Fr. Thomas Maliakel, who took over as the Executive Director, from those initial years. The Social Welfare Society is presently run by the Catholic Archdiocese of Changanacherry with the current Archbishop Mar Joseph Perumthottam, as the Patron of the Society. His Grace constant consent and encouragement led the Institution top in the healthcare scenario of Alappuzha district. Mar Thomas Tharayil, Auxiliary Bishop and Co-Patron is the motivator behind all our endeavour.



Looking Back

We owe immense gratitude to the Archbishop Mar Mathew Kavukattu, Cardinal Antony Padiyara and Rt. Rev. Dr. Peter Chenaprambil, Mar Joseph Powathil Who bought land for the Hospital and the parishioners of Thathampally and Pazhavangadi for their immense co-operation and contributions offered to the making of this hospital. Today more than 45 qualified and experienced doctors, with 300 staff members work at this facility, 24 hours and 7 days a week in duty rota, attending to all the needs at this 100-bed institution, with 21 specialities including 12 basic and multi specialities, 9 super specialities, plus 9 supporting departments.

Our Mission

Provide the highest quality and affordable healthcare through divine professional ethics, commitment & dedication. Doing charity to human irrespective of cast, creed, race or denomination.

Our Vision

Every human person is an image of God which endows him/her with dignity & honour. Healing ministry aimed at the promotion of human person & his/her dignity...

Our Moto

We Care...God Heals.

Message from the Executive Director

Sahrudaya Hospital is a superbly equipped hospital in Alappuzha district and I am proud to have associated with this project as it has evolved as one of the leading medical and healthcare facilities and institutions in Kerala. With a large HR base of the finest doctors and specialists, Sahrudaya Hospital has made a mark in the medical industry of the State. All of our speciality facilities offer state-of-the-art services and is a training ground for up-coming interns and medical school students.

I wish everyone associated with this hospital many more years of satisfied contributions into the health and well-being of the citizens of our society.

Fr. Thomas Maliakel (Rajesh)
MBA (HCS), MBA (HR), M. Phil



Our Management



His Grace
Mar Joseph Perumthottam
Patron



His Grace
Mar Joseph Powathil
Archbishop Emeritus



His Excellency
Mar Thomas Tharayil
Aux. Bishop & Co-Patron



V. Rev. Fr Joseph Vaniyapurackal
President, Social Welfare Society
Thathampally



Fr Thomas Maliakel
(Rajesh)
MBA (HCS), MBA (HR), M.Phil
Secretary & Executive Director



Fr Anto Antony
Perumpallithara
MHA, MSO
Assistant Executive Director & Treasurer

Basic & Multi Specialities



Dept. of General Medicine

When it comes to Internal Medicine, patients can expect and demand the best of the healthcare services any facility could offer in the region; and rest assured that they will receive them all. Because, it is all backed by some of the most modern equipment, technology and service standards long since recognized by the industry.

Services

Morning & Evening OP Clinics | In-Patient Services | Preventive Health Check-Up | Lifestyle related diseases like Obesity, Diabetes, Hypertension etc | Geriatric Clinic | Critical Care

Dept. of Obstetrics & Gynaecology

Cradling the tender expectations of motherhood and the delicate dreams of new birth, our Gynecologists deliver on the promise of quality patient care - both for the mother-to-be and the baby. Theirs is the hallmark of a loving touch of attention to every need and detail in the process. Truly, an ISO-certified standard of Gynae Care at your beck and call.

Services

OGD Normal Delivery | Instrumental Delivery | Caesarean | Mother & Child Care | Abdominal & Vaginal Hysterectomy | Laparoscopy for Tubal Pregnancy | Ovariectomy | Myomectomy | Diagnostic Laparoscopy | Laparoscopic Ovarian Drilling | Laparoscopic Ovarian Cystectomy | Laparoscopic Oophorectomy | Total Laparoscopic Hysterectomy | Morning & Evening OP Clinics | Observation Rooms & Day Care Services | In-Patient Services with Room Oxygen & Suction Facilities Care

Dept of Paediatrics

The Sahrudaya team of paediatric doctors, specialists and nurses and other staff understand child psychology best. The department witnesses different moods and all sorts of unruly behaviour of children, yet accommodates all of them with a smile, care and love of a different kind.

Services

Morning & Evening OP Clinics | Observation Rooms | In-Patient Services | Child Friendly Ward/Rooms with common Play Area | Well Baby Check-Up including Assessment of Nutritional Status & Development | Systematic & Modern Vaccination Programme with Perfect Cold Chain Maintenance for Special Care of Level 2 NICU | Pre-term and low Birth Weight Babies

Dept. of Orthopaedics

The Sahrudaya team of orthopaedics doctors and specialists are equipped to meet every challenge in the area of ortho, muscular and related care and health. They ensure that every little wince and whimper of a little child who needs more than broken bone fixing, get a touch of love and comfort that would make the fracture-fixing procedure a breeze. Not to mention the same healing touch of care extended to a senior citizen who had a fall and broke a hip-bone.

Services

Knee, Hip, Shoulder Keyhole Surgeries (Arthroscopy) | Shoulder Rotator Cuff Repair | Sports Injuries | Complex Trauma including Open Fractures & Poly Trauma Surgery | Paediatric Orthopaedics | Spine Surgeries | Ilizarov Method of Fixation | Foot & Ankle Surgery | Joint Replacement Surgery (Arthroplasty) | Bone & Soft Tissue Tumors | Deformity Correction (Adult & Paediatric)



Dept. of ENT

The department of ENT provides care for patients with problems involving the ears sinuses, oral cavity, nose, throat including allergy and sleep disorders. We also specialize in swallowing dysfunction, voice problems, vertigo, hearing loss etc. Sahrudaya is the only hospital in Central Travancore having American Technology based Painless, Bloodless Coblation Surgery using ENT Coblator.

Services

Oto Endoscopy | Diagnostic Nasal Endoscopy | Tonsillectomy | Nasal Surgeries Tracheostomy | Pure Tone Audiogram | Hearing Assessment | Hearing Aid Fitting and Service | Vertigo Clinic | Headache Clinic | Head and Neck Cancer Screening | Paediatric Nose and Sinus Problems | Tongue Tie (Ankyloglossia) | Ear infections | Throat problems such as recurring sore throats, tonsil & adenoid problems, and pharyngitis | New born Screening Program | Speech and Language Disorders | Paediatric ENT Surgeries

Dept. of Ophthalmology

This department offers services ranging from routine eye examinations to computer surgical procedures. Our Ophthalmology & Optometry specialists have expertise in managing all eye problems. The department also offers Therapeutic and Cosmetic Eye Surgeries and Contact Lenses Services for both adults and children.

Services

OPD Services | Cataract Surgery | Diabetic Retinopathy Clinic | Glaucoma Clinic | Computerized Eye Testing

Dept. of Anesthesiology

This department offers services ranging from routine eye examinations to computerThe department of Anesthesiology provides clinical anesthesia services to all surgical specialties at Sahrudaya Hospital. Anesthesiologists are actively involved in patient's management in post-operative wards, intensive care units, emergency room, trauma centre, outpatient anesthesia etc.

Services

Adult Multi-Specialty Anesthesiology | Critical-Care Anesthesiology | Neurosurgical Anesthesiology | Obstetric Anesthesiology | Pediatric Anesthesiology | Regional Anesthesia | Trauma Anesthesiology

Dept. of General & Laparoscopic Surgery

The department of General & Laparoscopic has full fledged surgical units having unit head, specialized doctors and senior surgeons. Round the Clock Emergency Surgical Services, General Surgical Procedures, Laparoscopic and Keyhole Surgeries etc.

Services

Minimally Invasive Surgery | Thyroid | Gall Bladder Stone | Appendix | Hernia | Ovarian Tumors | Total Laparoscopic Hysterectomy | Diagnostic Laparoscopy | Cancer Surgery – Thyroid, Breast, Gastrointestinal Tumors | Diabetic Foot Care | Stapler Surgery for Haemorrhoids | 24 hour Emergency Surgery | Varicose Vein Laser Therapy

Dept. of Psychiatry

The department is devoted to the diagnosis, prevention, study, and treatment of mental disorders. These include various abnormalities related to mood, behavior, cognition, and perceptions. The Department has team of qualified specialists for consultation on mental health problems for out-patients and in-patients.

Services

We have specialized services in Addiction Psychiatry - Alcohol, Nicotine and other Psychotropic substances | Adult Psychiatry | Child & Adolescent Psychiatry | Geriatric Psychiatry | Sleep disorder and Sexual disorders.

Dept. of Dental & Maxillofacial Surgery

At Sahrudaya Hospital, the department provides and diagnosis and management of Traumatic injuries, congenital and developmental deformities of the dentition jaw and face . Our Dental & Maxillofacial team is staffed by well experienced surgeons with both medical & surgical expertise.

Services

Oral & Maxillofacial Surgery | Routine Care & Evaluation | Endodontics (Root Canal Treatment) | Orthodontics (Braces) | Periodontics (Gum Treatment) | Prosthodontics & Implants | Oro Facial Pain & Oral Medicine | Paediatrics Dentistry | Cosmetic Dentistry | Urgent Care for Dental Emergencies | Corrective Jaw Surgeries



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Dept. of Dermatology

The dermatology department is equipped with a team of dermatologists and skin specialists who are experienced to take care of every aspect of skin health ranging from cosmetic skin care to deeper health related skin disorders.

Service

Laser Treatment for Hair Removal | Chemical Peeling for Skin Rejuvenation, Acne Scars, Tanning, Melisma, Skin Brightening | Electro cautery for removal of Warts, Corns, Skin Tags, DPN



Dept. of Clinical Psychology

Sahrudaya Psychologists are actively involved in studying and understanding mental processes, brain functions, and behavior. We help our patients with many different problems, ranging from life satisfaction issues to more serious difficulties. We commonly work with patients around issues such as depression and anxiety, grief and loss, adjustment difficulties etc. Etc.

Service

Our Clinical Psychologists can help you in:

Fear and Anxiety Disorders | Depression | Stress Management | Chronic Pain | Smoking Cessation Identity Disorders / Gender Reassignment | Learning Difficulties | Sleeping & Eating Problem | Conduct Problems | Emotional And Behavioral Problems | Depressive Disorders | Drug Abuse Dependence

Super Specialities

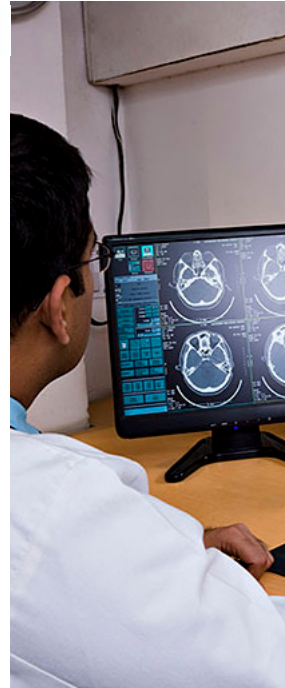


Dept. of Oncology

The department of Medical Oncology is working in Association with Amritha Institute of Medical Science. It provides medical Expertise in multi disciplinary programmes for the treatment and prevention of solid tumours in Adults.

Service

Early Cancer Detection | Breast Clinic | Follow-up Clinic | Chemotherapy | Surgery | Guidance for Radiotherapy | Supportive care



Dept. of Neurology & Neurosurgery

Here you can find world class neurologists and neuro care supporting staff backed by latest generation equipment to meet every medical need. The Department is gaining special importance in the context of today's fast paced world.

Services

Out-patient Clinics | In-patient Services | General Neurology Clinic | Critical Care Neurology | Child Neurology Clinic | Epilepsy Clinic | Headache & Migraine Clinic | Electro Encephalogram (EEG) | Electromyography (EMG) | Nerve Conduction Study (NCS) | Nerve Conduction Velocity (NCV) | Repetitive Nerve Stimulation (RNS) | Visual Evoked Potential/Visual Evoked Response (VEP/VER) | Brainstem Auditory Evoked Potential (BAEP) | Neuro Rehabilitation



Dept. of Endocrinology

Our Endocrinology branch is dealing with endocrine glands (pituitary, thyroid, parathyroid, endocrine pancreas, adrenals, testes, ovary, and adipose tissue), Sahrudaya Endocrinologist and Diabetologists who investigate, diagnosis and treat disorders of the endocrine system.

Services

Thyroid Disease | Pituitary Disorders | Growth Disorders | Adrenal Disorders | Lipid Disorders | Metabolic Disorders | Diabetes | Diabetes In Pregnancy | Polycystic Ovarian Syndrome | Osteoporosis.



Dept. of Cardiology

At Sahrudaya, our team of cardiologists, surgeons, anaesthetists, nurses and para-medical staff are specially trained to handle all cases of heart patients at all stages of the disease. The facility is built around some of the most expensive and sophisticated cardiac care equipment and team of technicians who works towards accuracy and perfect analysis and delivery. One of the most important departments in the hospital, this advanced care facility has its own OT, Cath Lab, ICU and ICCU.

Services

Echo Cardiogram | Treadmill Test (TMT) | 24 hour Holter Study | ECG



Dept. of Gastroenterology

The Sahrudaya team of gastroenterologists are equipped to address every issue related to the stomach, liver and colon to ensure the gastro-health of hope in other facilities have recovered from their ailments here, and have been discharged with much joy and renewed spirit of life.

Services

Diagnostic Colonoscopy | Fatty Liver | Liver Cirrhosis | Hepatitis B & C | Acidity | Constipation | Endoscopy | Sigmoidoscopy

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Dept. of Urology & Andrology

Many of the urological afflictions of patients have been addressed successfully by the team of accomplished urologists and staff here who have a strong command over the subject and the disciplines of modern treatment and healthcare practice.

Services

Endoscopic Treatment for Stone disease of Kidney, Ureter, Urinary Bladder & Urethra without Open Surgery | Removes Stones from Kidney without making any Incisions | Cystolitholapaxy for Urinary Bladder Stones | Trans Urethral Resection of the Prostate (TURP) for patients with Benign Prostatic Hypertrophy (BPH) | Open Prostatectomy for enlarged Prostate Glands | TURBT for Bladder Tumors | Open Nephrectomy for Tumors of Kidney | Sling Surgery for Female Stress Urinary Incontinence | Orchiopexy for torsion testis | Bladder Neck Incision (BNI)



Dept. of Nephrology

The department is one of the leading centre catering to all aspects of Nephrology care with excellent surgical and multi speciality back up.

Services

Emergency Dialysis Service (24x7) | Hemodialysis For Out Patients | Dialysis In ICU | Peritoneal Dialysis | Plasmapheresis | Permanent Dialysis Catheter (Permacath) Insertion | Kidney Biopsy | Paediatric Nephrology



Dept. Of Pulmonary Centre and Allergy Clinic

One of the most important Departments in the hospital, especially in the wake of the recent outbreak of the pandemic. The team possesses skills of high calibre and is capable of addressing a wide range of respiratory diseases including tuberculosis, wheezing cough, asthma, and the life-threatening pandemic viruses of modern times. The Department is fully equipped to face any exigency including an isolation ward for ZICA, SARS, and Covid-19 patients. We introduced SPT (Skin Prick Test) 1st time in Central Travancore using German Allergens Medicine & completed 100 plus Allergy Test.

Services

OP & IP Services | Spirometry | CT guided Lung Biopsy | Ultra Sound guided Pleural Aspiration | Treatment of Acute & Chronic Respiratory Failure | Fiberoptic Bronchoscopy (FOB) & Associated Procedures | FOB +TBNA (Trans Bronchial Needle Aspiration) | BAL, Trans Bronchial Lung Biopsy | Six Minute Walk Test (6MWT) | Sleep Study (Level III) | Pulmonary Rehabilitation | Smoking Cessation Clinic | PFT | Bronchoscopy Skin Prick Test (SPT)



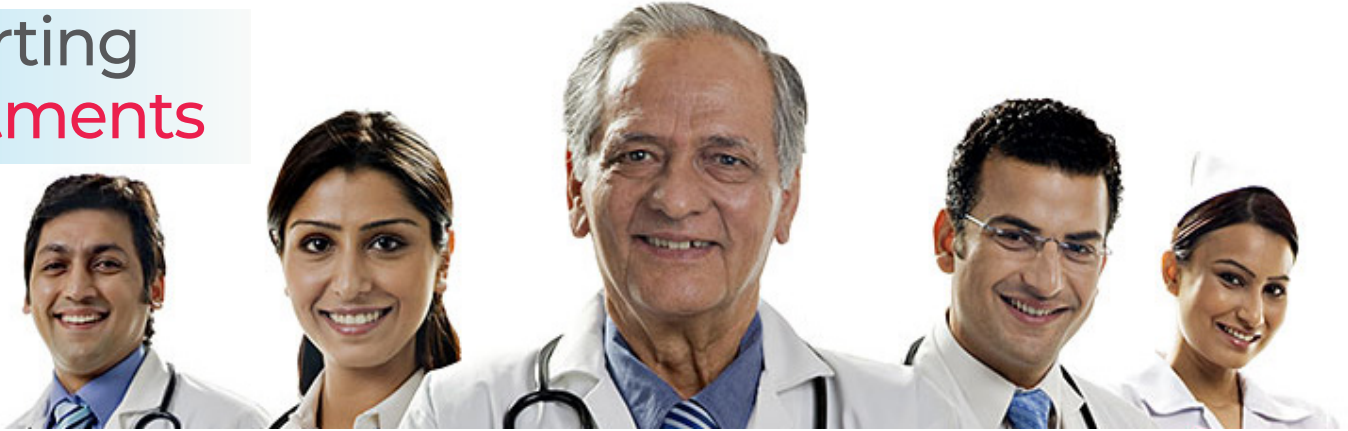
Dept of Rheumatology

This department deals with diagnosis and treatment of musculoskeletal disease and systemic autoimmune conditions commonly referred to as rheumatic diseases. Our Rheumatologist treats Patients having joint swelling, thickness and symptoms like recurrent fever, rash, recurrent oral ulcers, reddish or blueish discoloration of hands, severe dryness of mouth or eyes, non healing ulcers with or without joint pains etc.

Services

Rheumatological diseases that cause multisystem disorders | Rheumatoid arthritis | Spondyloarthritis | Arthritis | Low back pain | Soft tissue rheumatism | Tennis elbow | Osteoporosis etc.

Supporting Departments



Dept. of Physiotherapy

Physiotherapy is essential in Pain Relief, Post Fracture Stiffness, Assist Surgery, Stroke Rehabilitation, Sports Injury, Intensive Care

Services

Musculoskeletal Physiotherapy | Neurological Physiotherapy | Cardiovascular Physiotherapy | Pulmonary Physiotherapy | Geriatric Physiotherapy | Paediatric Physiotherapy | Pain Management



Dept. of Dietary

Dietary provides a customizable framework for healthy eating that can be tailored and adapted to meet personal, cultural and traditional preferences. We focus on dietary pattern recommendations using a life span approach for all age groups.

Services

Diet Consultation & Nutritional Assessment for Therapeutic diet | Diabetic diet | Cardiovascular diet | CKD diet | CLO diet | Weight gain & Weight loss diet | Ryle's tube feeding | Liquid diet | Clear liquid diet | Soft diet | Normal diet.



SAH Dialysis Unit

Sahrudaya Dialysis Centre provides outstanding clinical services to kidney failure patients. We offer specialized care to patients with end stage renal disease, acute kidney injury, glomerular diseases caused by nephritic syndrome. Our Dialysis Team works 24 hours and ensure that maximum number of patients are served.

Services

Hemodialysis for Acute / Chronic Renal Failure | Peritoneal Dialysis | Plasmapheresis | Renal Biopsy | Rehabilitation and Counseling.



Sahrudaya scans

Sahrudaya Scan Centre offers Round the Clock services under the expertise and guidance of Senior Consultants. We undertake Whole body CT Scans | Ultra Sound | Echo | TMT | Digital X-Ray. All conventional radiological and image guided procedures



SAH Intensive Care Units

SAH intensive care unit (ICU) equipped with high-tech specialized facilities designed for close monitoring, rapid intervention and often extended treatment of patients with acute organ dysfunction.

Facilities

MICU | ICCU | PICU | NICU



SAH Ambulance Services

Sahrudaya is equipped with an ultra modern Ambulance which has all necessary features for a Mobile Intensive Care Unit (MICU). The State of the art ICCU, & PICU are equipped with all most modern advanced life supporting machineries, well experienced doctors and paramedics



Sahrudaya Hi-Tech Laboratory

Round the clock service of Laboratory Medicine offers Biochemistry, Haematology, Microbiology, Endocrinology investigations. All the lab tests are conducted with most modern fully automated equipment which gives 100% accuracy in diagnosis. It is the only Hi-tech lab in Alleppey district working under the guidance of CMC Vellore and BioRad USA for quality assessment.



24x7 EMERGENCY (Triage)

Our emergency department is the best in class facility with 24 hour coverage by highly skilled staff that provides comprehensive emergency medical care & all life saving procedures. The department has Triage and Resuscitation Bay, Step Down Care Unit, Observation Area, 24 hr Walk-in-Clinic, fully equipped MICU etc



Sahrudaya CSR Programmes

The Hospital reaches out to the economically poor and underprivileged sections of the society with aid and assistance to help them overcome their woes and worries. Most of these social service extension work include Free Medical Camps at different remote areas of Alappuzha district. The hospital is taking care of all the expenses of 70 children and 8 staff members including education, staff salary, food etc. of Training Institute for Mentally Underdeveloped Children (TIMUC)



SAH Medical Tourism

With increasing access to globalized medicine, easier processes in international travel and better technological access to online health information, medical tourism as a concept has gained growing importance as a trendsetter lifestyle activity in recent decade. Except for the last two years or a little more due to the Pandemic, international travel for healthcare had become a must-do itinerary not just for the world's affluent class of travellers but also for the average holiday seeker as well.

Multifaceted.
Sahrudaya is life





**Be Strong.
Mind your Health.**

SAHRUDAYA HOSPITAL
YOUR SUPER SPECIALITY
HEALTHCARE PARTNER

Future is on your shoulders
STAY HEALTHY,
FOR YOU,
YOUR FAMILY



Follow us on



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A Unit of Social Welfare Society, (Reg No. A28/66),Thathampally
Managed by Archdiocese of Changanassery